



HeartKids Qld Events Update

OCTOBER 2011

Lots of ways to get involved with HeartKids

Here at HeartKids Qld we have been busy putting together a huge range of events and activities for our members and supporters for the next few months.

Whether you want to meet one of our Family Support Coordinators at a regional clinic (Toowoomba, Townsville or Rockhampton), have a family fun day in Cairns, celebrate Christmas on the Sunshine Coast, participate in a fun run in Brisbane CBD, fly a plane at Amberley, catch a movie with other members at Portside in Brisbane, or attend Teen Camp in NSW, there is something on offer for everyone from HeartKids Qld over the next few months.

We look forward to seeing you at an event soon!

Regional Visits – Toowoomba, Townsville & Rockhampton

Our Regional Support Programs will launch this month with support events in Toowoomba and Townsville, followed by Rockhampton in December. These catch ups are running in conjunction with the Cardiology outpatient clinics, and all HeartKids members and supporters are welcome to drop in, have a cuppa, meet Angela, one of our Family Support Coordinators, and other families in your area. No need to RSVP, just come along!

Toowoomba: Friday 7 October from 9am – 3pm at the Armstrong Clinic, Toowoomba Base Hospital

Townsville: Wed 26, Thur 27 & Fri 28 October from 9.30am – 3pm at the Townsville Base Hospital

Rockhampton: Thurs 8 & Fri 9 December. Details still to come. Keep an eye out on our FaceBook page!



FEEL THE LOVE! JOIN OUR
FACEBOOK FAN PAGE

Our FaceBook page is a great place to share ideas and catch up with what's happening with HeartKids members and supporters.

Go to www.facebook.com/HeartKidsQLD

The level of our
success is limited only
by our imagination
and no act of
kindness, however
small, is ever wasted.

~ Aesop

Do what you can, with
what you have, where
you are.

~ Theodore Roosevelt



Monthly Movie Morning - Brisbane

Thursday 27 October is the launch date for our "Last Thursday of the Month" Movie Morning at the Dendy Theatre, Portside Wharf, Remora Road, Hamilton. While these screenings are designed for parents with children under five, you are welcome to attend without children.

Each month a new latest release movie will be played. And our session is the first screening of the day, usually around 10am. This is a great chance to meet other **HeartKids** families so please join us.

This event is **FREE** for **HeartKids** members (parents) and children under 5 years. For more information on the movie events click on the REEL MUMS program at www.dendy.com.au

RSVP's are essential, please ph 073341 8145 OR email eventsmanagerqld@heartkids.org.au

Family Fun Day - Cairns

HeartKids Qld members in the Cairns Region are invited to join a Family Fun Day, hosted and organised by heart mum Nerissa Schepen. The day will be held from 9.30 am at **Gecko's Indoor Play Centre** located in the Northern Car park of Smithfield Shopping centre.

A private Room has been reserved for your use.

Cost: Adults \$3.50 (includes a drink)
Kids under 12 months Free
Kids 1-2yrs \$9.00
Kids 3-11 \$11.50

*Remember to bring Socks!

RSVP's to Nerissa on 0439783422 or email nerissa@improvements.com.au



Christmas Party – Sunday 6th November

Aussie World
77 Frizzo St, Palmview
(off the Bruce Hwy,
Sunshine Coast)



HeartKids Qld invites all members to join us as we celebrate Christmas at Aussie World. Your day will include: park entry, unlimited rides, lunch, and a visit from Santa.

Costs: FREE for parents of Heart Angels, HeartKids, and their siblings.
\$30 per additional person, payable before Tuesday 1 November.

Santa Gifts: If you would like your child/ren to receive a gift from Santa, please bring along a wrapped present, clearly labeled with your child's first name and surname. To help Santa with family groups, please also place all presents together in a bag with the family name clearly marked on the outside.

Be courageous! Have
faith! Go Forward!

~ Thomas Edison

On your arrival, please drop your child/ren's gift to a **HeartKids** staff member at "The Shed "from 9—9.45 am

Schedule for the day: 9am Gates open
9.45am Meet at "The Shed" for HeartKids Welcome
10am Enjoy the park !
12pm Lunch in The Shed
12.30pm Santa arrives
1.30pm Formalities conclude - Enjoy the park at leisure.

To register: You must RSVP by phone or email to **07 3341 8145** or **eventsmanagerqld@heartkids.org.au** before Tuesday 1 November with the following details:

- your name
- your email address
- your daytime phone number (mobile is best so we can contact you in the event of an emergency on the day)
- the number of adults, children and infants 2 years and under. Note: admission is FREE only for HeartKids and Heart Angels, their parents and their siblings.
- Number of additional guests. You will be contacted for credit card payment for these tickets at \$30 per person.

Volunteers Needed – Bris, Thurs 10 November

2011 PwC Cool Night Classic
Thursday 10 November | Corporate Run/Walk

How can a small step by you make a big impact?

pwc

HeartKids Qld has been nominated as one of the beneficiaries for the 2011 PwC Cool Night Classic Corporate Run/Walk. This event is in its 17th year and with an expected 4500, entrants it represents a terrific opportunity to increase awareness in the community of childhood heart disease (CHD). The proceeds of this fundraising event will be channeled directly into the expansion of our Family Support Programs.

To make the event a success, we require 30 volunteers to join us on the day of the event from 3.30pm to 6.30pm at the River Stage, Brisbane City Botanical Gardens. Our volunteers will be responsible for giving out bottled water at water stations or marshalling entrants on the course.

You are welcome to invite friends & family to register as volunteers, so long as they are over 16 years of age. For insurance purposes, volunteer registration is essential, so we can brief you before the event.

**Please contact Melissa Simpson on 0733418145 or email
eventsmanagerqld@heartkids.org.au**

For more details about the event itself, and to register as a run/walk participant,
visit

www.pwc.com.au/events/coolnightclassic-brisbane/

If ever there is a tomorrow when we're not together... there is something you must always remember.

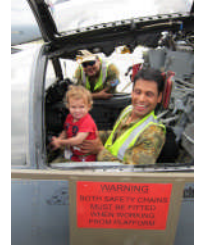
You are braver than you believe, stronger than you seem, and smarter than you think.

But the most important thing is, even if we're apart, I'll always be with you.

Winnie The Pooh

Fun Flight – Amberley, Sunday 13 November

HeartKids Qld members are again invited to participate in Fun Flight 2011. The Brisbane event will be held at the RAAF Base at Amberley. If last year's event is anything to go by, expect a great day out! The day will include the chance for the kids to crawl all over a C17 Globe Master, THE ultimate military aircraft, an absolute monster of a plane! There will also be other attractions such as the Air Force Emergency Fire crews, Military Police dog display, plus more.



RSVP to 07 3341 8145 or by email to eventsmanagerqld@heartkids.org.au

More detail to be released very soon.

Teen Camp – 20-23 January 2012



The **HeartKids** Teen camp brings together teenagers affected by CHD from all around Australia. The 2012 event will be held at the Broken Bay Sport and Rec Centre, Hawkesbury River NSW.

The camp is open to all HeartKids and siblings aged between 12 and 20 years of age. For Full Details and to register please visit www.heartkids.org.au and CLICK on TEEN CAMP. Or phone 02 94878256.

Gala Ball – 11 February 2012 Save the Date

Get Ready to Rock and Roll at the 2012 **HeartKids** Qld Gala Ball, with a 50's themed night planned.

The ball will be held in the Plaza Terrace Room at The Brisbane Convention Centre.

More details will follow in our next events update.

If you would like to join our Gala Ball Events committee, please contact Melissa on 0733418145 or email eventsmanagerqld@heartkids.org.au

Keep your details up to date

Do we have your **current email and postal details** ? We'd love to keep in touch.

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Andrea Hyde hospitalsupportqld@heartkids.org.au

Note: Silvia Stohr has recently retired from her role as our long standing in-hospital Family Support Coordinator. A "Farewell Silvia" event is in the pipeline.